

Presbytery of St. Augustine – *Comfort My People*



Mental Health Services

Resource List – St Augustine, St. Johns County, Palm Coast, Flagler County, Daytona, Volusia County

Contacts in your church and community area that you want to list:

EMERGENCIES: call 911.

RESOURCES:

- You, for prayer and God’s message of healing. You are an important resource to lead a person and their family to the caring community of your congregation.
- The person’s physician.
- A mental health screening – there are easy on-line assessment tools. This helps with education and to place the situation into perspective. Mental Health Screening [Link](#).
- The *Comfort My People* Coach (**Susan Lee**) will work with you to identify people in your congregation and community whom you can call on for support and specific mental health care.

SUICIDE HOTLINE 800-273-8255

NATIONAL ALLIANCE on MENTAL ILLNESS (NAMI) National Info Helpline: 800•950•6264
www.nami.org

Flagler County – large list of many providers and services prepared by local government

http://www.flaglercounty.org/document_center/SocialServices/SubstanceAbuseandMentalHealthResourceDirectory.pdf

MANY SUPPORT GROUPS ARE FREE AND OPEN TO THE PUBLIC.

NAMI Volusia/Flagler/St. Johns offers two types of support groups. NAMI Connection Recovery Support Group is a free, peer-led group for adults living with mental illness. NAMI Family Support Group is a peer- led support group for family members, caregivers and loved ones of individuals living with mental illness.

Volusia County

NAMI Connection meets Wednesdays, 6:30-8:00 PM, at Halifax Hospital, 303 N. Clyde Morris Blvd., Daytona Beach, FL, in the Bill Francis Tower Bldg. in the first floor Cafe. Attendees must stop at the front desk of the hospital to present a valid ID and obtain a security badge. Family members are welcome to attend.

Flagler County

NAMI Connection meets Thursdays, 6:00-8:00 PM at the Vince Carter Sanctuary, 301 Justice Lane, Bunnell, FL, in Building G, which is located at the end of the VCS parking lot on the left. Family members are welcome to attend.

St. Johns County

NAMI Connection meets Tuesdays, 6:00-7:00 PM (except the second Tuesday of the month) at Flagler Hospital, 400 Health Park Blvd., St. Augustine, FL, in the Matanzas Meeting Room.

NAMI Family Support Group meets Tuesdays, 6:00-7:00 PM (except the second Tuesday of the month), at Flagler Hospital, 400 Health Park Blvd., St. Augustine, FL, in the Osceola Meeting Room.

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There are many providers of mental health counseling services; **an individual needs to check with their insurance company to identify the providers active to their insurance.** Sometimes the informal network identifies providers who use a sliding scale. As with any need, including a health care needs, unless one is in a life-threatening emergency, there are essentially very limited services. And what is available, often charge fees for services.