

Presbytery of St. Augustine – *Comfort My People*



Mental Health Services Resource List – Ocala and Area

Contacts in your church and community area that you want to list:

EMERGENCIES: call 911.

RESOURCES:

- You, for prayer and God’s message of healing. You are an important resource to lead a person and their family to the caring community of your congregation.
- The person’s physician.
- A mental health screening – there are easy on-line assessment tools. This helps with education and to place the situation into perspective. Mental Health Screening [Link](#).
- The *Comfort My People* Coach (**Susan Lee**) will work with you to identify people in your congregation and community whom you can call on for support and specific mental health care.

SUICIDE HOTLINE 800-273-8255

**NATIONAL ALLIANCE on MENTAL ILLNESS (NAMI) National Info Helpline:
800-950-6264 www.nami.org**

The Vines Hospital Psychiatric and Substance Abuse - Ocala

3130 SW 27th Avenue, Ocala, Florida 34474

Phone: 866-671-3130, evaluations 24/7 . . . 365 days

Private Hospital, residence location is not a restriction, evaluation regardless of insurance or ability to pay. Recommendations for other treatment services also provided

MANY SUPPORT GROUPS ARE FREE AND OPEN TO THE PUBLIC.

General resources: <https://namiocala.org/services/support-groups/>

NAMI Marion County offers a Connection Recovery Support Group on the first and third Tuesday of every month from 2:00 – 3:30 p.m. at First United Methodist Church, 1126 E. Silver Springs Blvd., in the Old Fellowship Hall. Generally focused on persons with a mental health challenge.

NAMI Marion County offers three Family Support Groups as follows:

First and third Tuesday of every month from 7:00 – 8:30 p.m. at First United Methodist Church, 1126 E. Silver Springs Blvd., in Room 17, Building D.

Second Monday of every month from 7:00 – 8:30 p.m. at St. Timothy's RC Church (Highway 441) 1351 Paige Pl, Lady Lake, FL 32159.

Per local NAMI: *To find the best support group for your needs, call (352) 368-2405 and send a message for one of our volunteers to help you.*

NAMI National Info Helpline: 800•950•6264 www.nami.org

Clubhouse International, Ocala, part of a nationwide network of “Club Houses,” a place for persons recovering from mental illness can attend (membership) for services and assistance with job opportunities. Call for information: 386-325-0552.

The Ora Clubhouse
2713 NE 14th Street
Ocala, Florida, USA 34470
Director: Leda Pérez
Phone: 352 402 9001

Outpatient Counseling Services –services are provided by private practitioners, and function just like physicians, some take insurance, some self-pay. Vine Hospital may provide some of these services and/or know of local resources.

There are many providers of mental health counseling services; **an individual needs to check with their insurance company to identify the providers active to their insurance.** Sometimes the informal network identifies providers who use a sliding scale. As with any need, including a health care needs, unless one is in a life-threatening emergency, there are essentially very limited services. And what is available, often charge fees for services.