

Registration Deadline May 7, 2019

## Event schedule

8:00 Registration and continental breakfast

9:00 Welcome and Introductions

9:15 Worship

10:00 Keynote

11:00 Break

11:10 Workshop 1

12:10 Break with hymn sing

12:30 Lunch

1:30 Workshop 2

2:30 Break/ shopping/ quiet time/ hymn sing

3:00 Workshop 3

4:00 Break

4:15 Closing Worship

5:00 Optional worship with the monks

Cost \$35 per person

Housing is available at the Abbey and at  
Hampton Inn Dade City—Zephyr Hills



## 2019 REGIONAL CONFERENCE

### Engaging Aging in Today's World

May 22, 2019

Sponsored by POAMN

In Collaboration with ALOA

At St Leo Abbey, 33601 State Road 52

St Leo, Florida 33574

*I will pour out my Spirit on all humankind. Your daughters and sons will prophesy, your elders will have prophetic dreams, and your young people will see visions. Joel 3:1 (Inclusive Bible)*



## Keynote Speaker Reverend Ray Jones

Ray Jones is the Associate Director of Evangelism for the Presbyterian Church (USA). He has served the Church as pastor for thirty years in congregations in MS, AL, and GA. He currently serves the denomination through the Presbyterian Mission Agency.

Ray has a heart for helping people come to know and grow in their love of God in Jesus Christ. He is a strong advocate for POAMN and garners valuable support from within PCUSA for POAMN's mission. Ray believes that renewal in the church begins with God's radical, unconditional love as revealed in Jesus.

## Worship Leader Reverend Jan Banker

Rev. Jan Banker is a life-long Presbyterian, educated at Princeton Seminary and Union Presbyterian in Richmond, VA. She served in congregations including Palma Ceia Presbyterian in Tampa, FL, before becoming the chaplain at Westminster Shores in St. Petersburg, FL over ten years ago. She finds it hugely meaningful and rewarding to be in ministry to seniors, and especially values the quality of relationships that develop because she serves seniors where they reside.

## Musician George Algozzina

George Algozzina comes to us from the ELCA and the Florida-Bahamas Synod. After spending 25 years in the corporate world, George returned to church work approximately ten years ago serving God in many ways: Director of Music, Outreach Coordinator, Administrator as well as involvement as Project Manager for ALOA...**A**dult **L**utherans **O**rganized for **A**ction. George has spear-headed many successful trips and events including a "Beer and Hymns" that draws hundreds of people throughout the Tampa Bay area.

## Registration (Deadline May 7)

Registration is available online at

<http://www.cfpresbytery.org/equip.html>

## Registration form for mail-in registrations

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City, State and Zip \_\_\_\_\_

Church \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Workshops you anticipate attending

11:10 #\_\_\_ 1:30 #\_\_\_ 3:00 #\_\_\_

Do you have Dietary Concerns or special needs?

\_\_\_\_\_

Housing at the Abbey? Yes/no \_\_\_\_\_

If yes, roommate if any \_\_\_\_\_

Registration \$35

Housing at the Abbey (optional) \_\_\_\_\_

Total \$\_\_\_\_\_

Make checks payable to Presbytery of Central Florida.

Mail to: Attn: Nina Wilson Jones

924 Magnolia Ave., Orlando, FL 32803

For questions, contact Revs. Mike or Lynn Fonfara,  
352.249.8533 (Lynn, mobile) or 352.527.8321 (home)

## Housing Information

- 1) Lodging is available at the **Abbey**, in single or double rooms. These are pleasant, simple rooms with toilet and shower facilities down the hall. The cost is \$75 a person per night, or \$95 per couple in the same room. Sign up on the registration form.
- 2) Housing is also available at the **Hampton Inn** Dade City—Zephyr Hills, 13215 US Hwy 301, Dade City, FL 33525. The reduced rate of \$109 plus taxes is available until April 30 when the Group Block will be released. Make your own reservations by calling 352.567.5277. The Group name is MIKE FONFARA.

## Abbey Information

St Leo Abbey is a Benedictine Monastery. Resident and visiting monks and oblates (lay monks) observe silence for much of the day. Please respect their quiet times in spaces other than our gathering area on the third floor.

There is an elevator for those less able to manage stairs.

The Dress Code for the Abbey is Sunday best. Women should not have bare shoulders or short skirts. Men should wear collared shirts.

Lunch is included, and will be either with the monks or in a separate building, depending on our numbers.

## Workshop Options 11:10

### 1) Intergenerational Worship

#### **Sister Michelle Collins, Presenter**

Worship is at the center of our shared life together. How can this essential part of church engage and include people of all ages? In the words of the familiar hymn, how can worship continue to 'tell the old, old story, of Jesus and his love' in a way that speaks to all generations? This workshop will offer some framework, some best practices, and some guiding principles for crafting dynamic worship that connects with all ages.

Sister Michelle Collins is an ELCA Deacon and a member of the ELCA Deaconess Community. She serves the Florida-Bahamas Synod on synod staff as the Director of Communication and Discipleship. Before serving on synod staff, Sr. Michelle worked in faith formation ministry, helping to strengthen and equip congregations to be intentional, inter-generational communities invested in active, lifelong faith formation. Sr. Michelle graduated from Luther Seminary in 2007, and was consecrated as a Deaconess in 2011.

### 2) Reflections on Beginning an Older Adult Ministry in 2019

#### **Pat Baker, Presenter**

This workshop will look at the strategies used leading up to starting an older adult ministry in 2019. She'll talk about the differences and similarities over the decades in older adult ministry. She hopes to learn from others who are involved in older adult ministry today so come to this workshop willing to share and discuss ideas for ministry to and for older adults and family caregivers.

Pat Baker's career in the field of aging spans over 45 years in both the private and public sector. She recently retired as the Director of Health and Human Services/Senior Services for Gwinnett County, GA. In early 2019 she took a position at St. Andrews Presbyterian Church in Tucker, GA where she is the Director of Older Adult and Caregiver Ministries. Pat has been involved with POAMN since its inception and is now the Vice President. One of her passions is working with family caregivers and she currently facilitates three caregiver support groups. She laughingly says that she has failed at retirement!!

## Workshop Options at 1:30

### 3) How Can You Become Dementia Friendly ?

#### **Debbie Selsavage, Presenter**

This workshop is about understanding the characteristics and symptoms that a person living with dementia may experience. How it will appear as a behavior, how you can better interact with them, how to keep both the caregiver and the person living with dementia social and active as long as possible. This workshop is interactive and Q&A is encouraged. We do role play to demonstrate the most effective approach, touch, and voice in caring for a person with dementia.

Debbie Selsavage is a Certified Dementia Practitioner, Alzheimer's Family Organization Board of Directors President, a columnist for the Citrus County Chronicle. She is a Certified Independent Trainer in Teepa Snow's Positive Approach to Care (PAC) and the founder of her own company, Coping with Dementia LLC.

### 4) Grandparenting for Faith: Mine, Yours, and Ours

#### **Rev Michael Smith, Presenter**

This presentation speaks directly into God's ordained spiritual activity which has been prepared for the third season of our lives. Cultural trends in the U.S. sideline older adults while God's word encourages, equips and engages us to prepare future generations. God blesses us through grandchildren, and we can bless them with our time, talents, and spiritual faith.

Rev. Michael Smith serves as Associate Pastor at North Lake Presbyterian Church in Lady Lake, Florida overseeing all of the church's discipleship ministries. His heart is to help people of all ages grow closer in their personal relationship with God through intercessory prayer, Bible study and spiritual retreats. His personal discipleship includes attending the University of Dubuque Theological Seminary to earn a Doctor of Ministry in, "Forming Communities: Faith, Families, and the Future of Ministry."

## Workshop Options 3:00

### 5) Spirituality of Aging

#### **Rev Bill Cooley, Presenter**

The class will acknowledge that aging is a time of losses, including our work identities, also of transitions and new beginnings; it is also our movement from control and independence toward dependence and finally to one's own death. These changes will challenge our identities and our faith. The class will raise questions for participants like wondering about God's presence in our losses and considering beliefs and devotional practices that are helpful or not in our journey through the last third of life. It will also offer handouts that can help continue the explorations of whom we are and offer several prayer practices that may help deepen our relationship with God after the workshop.

Bill Cooley is honorably retired after serving 29 years as a pastor in the Presbyterian Church. He has been a member of POAMN since 2004, where he developed an interest in older adult spirituality. He earned a certificate in older adult ministry through POAMN. He is a Spiritual Director and a retreat leader, engaging older adults in acknowledging their losses and changes and exploring their spiritual questions.

### 6) Abbey Tour

#### **Father David, Presenter**

Saint Leo Abbey provides central Florida with a Benedictine monastic center. Composed of modest monk and larger oblate populations, the Abbey comes alive by following the Rule of Saint Benedict and finding helpful ways of serving the public.

Fr. David, OSB offers a brief program of Abbey history, monastic life, answering questions, and touring the facility.